Welcome to the City!

GENERAL INFORMATION

Welcome to Teachers College! We’re happy that you decided to live on-campus. You’ll discover many of the conveniences of living in our residence halls through the duration of your time with us. As the time of your move-in approaches, we’re sure that there are a flurry of questions and anxieties that come to mind. In response to this, we’ve created this informational document which has a plethora of information that will assist in making your transition to TC and NYC as smooth as possible. This information is mainly preparatory and will help you plan your move while giving you an idea of what to expect. You’ll receive additional information upon check-in in the form of our “Guide to Residence Life” which will be more relative to your stay in our residence halls including important dates, policies and procedures, building information, and more.

THE NEIGHBORHOOD

Each of the five boroughs of New York City are broken down into neighborhoods, each with a distinctive name. Some well-known ones include; The Village, SoHo, Little Italy, Chinatown, Harlem, and the Flatiron district. Teachers College and all of its residence halls except Greystone lay within the neighborhood known as “Morningside Heights”. Morningside Heights boundaries include 110th-125th streets (south and north) and Morningside Drive to the Hudson River (east and west). Greystone lies within the Upper West Side neighborhood which borders include 72nd and Lincoln Center-110th Streets (south and north) and Central Park West and Hudson River (east and west). Morningside Heights population contains a significant amount of college students with nearby colleges including Barnard, Manhattan School of Music, Columbia, Union Theological Seminary, Bank Street College of Education, and Jewish Theological Seminary. Both areas are mixed with apartment buildings and businesses galore.

Additional neighborhood information can be found at: www.nyc.gov (information on all of NYC) and www.morningsideheights.net (Morningside Heights information)

CHECK-IN

- Check-in will occur on September 5, 2004 at your assigned residence hall. Your check-in timeslot is based on last name. Please note your time below.
  - A-G 10am-12pm
  - H-M 12pm-2pm
  - N-Z 2pm-4pm
• Carts will be available for residents to sign out at each residence hall. Contact a staff member on move-in day if you need assistance finding a cart.
• ID card making will be available in the Whittier Café on move-in day.
• There will be a limited number of parking spaces blocked off in front of each residence hall for drop off. As a courtesy to your fellow residents, you’ll be instructed to drop your belongings off and then move your car to a parking location.

THE OFFICE OF HOUSING AND RESIDENCE LIFE

Our office is located on the 1st floor of Whittier Hall at 1230 Amsterdam Avenue. Staff members can be contacted during scheduled business hours at 212-678-3235 or x3235. Our e-mail address is housing@tc.columbia.edu. Additionally, information is available 24/7 at www.tc.edu/housing. You can also fill out maintenance work orders on-line via our website.

Business Hours:

<table>
<thead>
<tr>
<th>Fall/Spring hours:</th>
<th>Summer Hours:</th>
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<tr>
<td>Monday: 9:00am – 6:00pm</td>
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<td>Tuesday: 7:30am – 6:00pm</td>
<td>9:00am – 5:00pm</td>
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<td>Wednesday: 9:00am – 6:00pm</td>
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<td>Thursday: 9:00am – 5:00pm</td>
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<td>Friday: 9:00am – 5:00pm</td>
<td>9:00am – 3:00pm</td>
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Our office is closed on weekends and designated College holidays.

• The Office of Safety and Security share an office space with The Office of Housing and Residence Life. Any questions or comments regarding campus/residence hall safety, lost and found, OSHA, and access/ID cards can be directed to The Office of Safety and Security.

WHAT TO BRING TO YOUR TC HOME

• Alarm Clock
• Air Conditioner unit (optional for residents of Greystone, Bancroft, Sarasota, Grant, and Whittier)
• Bathrobe
• Bedspread
• Sheets
  o Each family housing apartment bedroom contains a full size bed.
  o Single student housing in Whittier and Greystone contain regular twin size beds.
  o Single student housing in the New Residence Hall:
    ▪ Small efficiencies contain extra long twin size beds
• Large efficiencies contain full size beds
• Camera
• Can Opener
• Carpet or Scatter Rugs
• Cleaning Supplies
• Clothing for all seasons
• Computer
• Fan (if you don’t plan on having an a/c unit installed)
• First aid kit
• Flashlight and extra batteries
• Hangers
• Insurance card
• Iron/Ironing Board
• Laundry Basket and Detergent (Quarters are optional)
• Microwave safe dishware and dish detergent/sponges
• Pictures/Posters
• Pillow(s)
• Phone cards
• Pictures of family and friends
• Planner/organizer
• Postage Stamps
• Power Strip (multi-outlet)
• School Supplies (Notebooks, Pens, Pencils)
• Sewing kit
• Slippers
• Shower Shoes (thongs or flip flops) for those who will be sharing a bathroom (Whittier)
• Stereo (with headphones)
• Storage Boxes (useful for storing summer/winter clothing)
• Telephone – a corded telephone is provided however you may choose to bring a cordless (voicemail is provided)
• Television
• Television cable cords (single student housing)
• Toiletries
• Towels/Washcloths
• Umbrella/rain gear/winter wear
• Utensils
• VCR/DVD player

WHAT NOT TO BRING TO YOUR TC HOME

• Everything you own. Spaces are limited and there is no storage in our residence halls. If you need storage, please contact an off-campus storage location for rates and availability. Local storage space can be found at: http://yp.yahoo.com/py/ypResults.py?stx=8294794&stp=y&tab=B2C&desc=Self+Storage+and+Rentals&city=New+York&state=NY&zip=10027&uZip=10027&msa=5600&country=us&cs=5&ed=.whVSeIo2TxPlw1ZUeG0P0qv77E_D331xYg4GFOX6MC
• Candles and incense
• Fire arms and other weapons
• Drugs and paraphernalia
• Halogen lamps
• Pets (Pets are allowed in family housing and must be registered in the Office of Housing and Residence Life)

TRANSPORTATION

Getting around is pretty easy once you learn the MTA (Metropolitan Transportation System). This includes the public city buses and subway system. From the TC campus area you will find the following routes/lines:

Bus routes:
• Get on via Amsterdam Avenue: M11, M60
• Get on via Broadway: M4, M104, M60

Subway lines:
• The nearest stops are the 116th/Broadway entrance and the 125th/Broadway entrance. Both entrances lead to the 1 and 9 trains.
• You can pick up the A, C, B or the D at 125th/St. Nicholas or via transfer from the 1 and 9 at 59th St/Columbus Circle.

From Greystone the closest bus lines are:
• Get on via Amsterdam Avenue: M7, M11
• Get on via Broadway: M104

From Greystone the closest subway stop is located at: 96th/Broadway. You can board the 1, 2, 3, or the 9 trains here.

General transportation information:
• To transfer means to change from one train to another or from a bus to a train or vice versa. This is free as long as it’s a MTA mode of transportation, you’re within the required transfer time period, and you don’t leave the train station (if you’re transferring trains).
• Trains run in two directions. In Manhattan these usually are defined via signage as “downtown” and “uptown”. From TC and/or Greystone, “downtown” means that the street numbers go down. “Downtown” also includes Brooklyn, Queens, and streets on the Lower side of Manhattan that are recognized via name and not number (Spring Street, Delancey Street, Bleeker Street, Canal Street, etc.). “Uptown” means that the street numbers go up and also includes the Bronx and northern Manhattan area such as Washington Heights and Inwood.
• Buses and trains usually come every 5-10 minutes during the day. Late at night, they run less frequently, every 15-20 minutes.
• Cabs are plentiful in NYC. Always note that your cab is a licensed cab and remember the cab ID number. This is not only for your safety but should you need to report a missing item, complaint, or any other information about your ride, you
will need this ID number. There are two types of cabs. Your well recognized yellow cab and independently owned cabs. Independently owned cabs do not run on meters hence it is recommended that you negotiate your rate prior to traveling.

- **Thinking of bringing a car?** Please note, parking is limited to street parking and parking garages which can be extremely expensive. Traffic can also be aggravating. Public transportation is inexpensive and convenient. If you do bring a car, please be sure to read street signs to note alternate side street cleaning, no parking/standing, and other important signs. This will help you avoid expensive parking tickets.

- **Thinking of bringing a bike?** Many New Yorkers enjoy riding through local parks and along the Hudson River. There are a few things you need to consider regarding owning a bike in NYC though. Bikes can often be difficult to store and dangerous to ride through traffic, and subject to theft. If you choose to keep a bike on campus, the bicycle should be stored in your room/apartment. They should not be left in the common area of your suite, in public hallways/areas, or placed in front of or near access ramps and railings used by disabled students.

**Looking for MTA maps** and general information about riding the subway/buses? Visit [http://www.mta.nyc.ny.us/nyct/maps/index.html](http://www.mta.nyc.ny.us/nyct/maps/index.html) for a listing of all subway and bus maps and other helpful information. It is also recommended that you purchase a convenient transportation map to keep in your apartment/room and to take with you when you travel. You can find laminated copies of these at any newspaper stand or bookstore (including TC’s). Buses and train stops often have copies of these as well. These are non-laminated copies and are free.

**Traveling from the airport? Taking a train from out of town?**

- If you are arriving at LaGuardia airport, you can conveniently take the M60 right to campus.
- Shuttle and other transportation options from LaGuardia can be found at: [http://www.panynj.gov/aviation/lgtsfram.htm](http://www.panynj.gov/aviation/lgtsfram.htm)
- For JFK, visit: [http://www.panynj.gov/aviation/jgtsfram.htm](http://www.panynj.gov/aviation/jgtsfram.htm)
- For Newark, visit: [http://www.panynj.gov/aviation/egrtfram.htm](http://www.panynj.gov/aviation/egrtfram.htm)
- Taxis from the airport can often be expensive.
- If you are arriving via bus in to Port Authority or via Amtrak in to Grand Central or Penn Station, you can take an MTA subway from either location to campus.
- Need to go to Long Island or north of the city (Westchester, Rockland, etc.)? The LIRR and many buses from Port Authority travel these directions.

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**THE BASICS**

Below are some locations/services/general information that you may need to utilize during your first few days at TC. With businesses, please call the exact location to verify current hours/specials/etc. You can find most of these listings and more at [http://yp.yahoo.com](http://yp.yahoo.com) (Yahoo’s Yellow Pages).
Grocery stores

- **Appletree Supermarket & Deli** (1225 Amsterdam) This small grocery store across the street from Whittier Hall is a TC tradition. Whether you stop by for a quick noon sandwich or a midnight snack, you'll see familiar faces at the checkout.
- **C-Town Supermarket** (3320 Broadway) This larger market located on 125th street between Broadway and Amsterdam has weekly circular and coupons specials as well as more extensive selections of meats, produce, and dry goods.
- **Fairway** (2350 12th Ave) A haven for hard-core gourmets. Located along the Hudson (left off 132nd Street) this is the place if you're looking for acres of vegetables, dozens of exotic oils, or a special cut of meat from the giant walk-in meat cooler.
- **Met Foodmarket** (1316 Amsterdam Avenue) – The Met is a medium sized grocery store, right around the corner from TC. It's got a little bit of everything and a lot of local flavor.

Eateries

- **Columbia Dining Services**
  - **John Jay Dining Hall** – First Floor of John Jay Hall; Mon-Sun (Brunch) 10:30-1:30pm, (Dinner) 5pm-8pm.
  - **Ferris Booth Commons** – Third/Fourth Floors Alfred Lerner Hall; Mon-Thurs 9am-9pm, Fri 9am-6pm, Sat-Sun closed.
  - **Café 212** – In Alfred Lerner Hall; Mon-Thurs 8am-2am, Fri 8am-9pm, Sat 11am-9pm, Sun 11am-2am.
  - **The Food Court at Wien Hall** – Mon-Thurs 9am-11pm, Fri 8:30am-6pm, Sat closed, Sun 11am-7:30pm.
  - **Uris Deli** – Main Floor of the Business School in Uris Hall – Mon-Wed 7:30am-7pm, Thur-Fri 7:30am-5pm, Sat-Sun closed
  - **Lenfest Café** – Third Floor of Jerome Green Hall – Mon-Fri 9am-4pm; Sat-Sun closed.
  - **Carleton Lounge** – Fourth Floor of Mudd Building – Mon-Fri 10am-4pm; Sat-Sun closed.
  - **JJ's Place** – Basement of John Jay Hall – Mon-Fri (Breakfast) 7:30am-10:30am; Sun-Thurs (Late Night) 8pm-2am.
  - **Hartley Kosher Deli** – First Floor Hartley Hall; Mon-Thurs 11am-2pm; Fri-Sun closed.
  - **Sage Dining (TC Cafeteria)** – Basement of Grace Dodge – Mon-Thurs 7:30am-8pm; Sat 7:30am-2pm.

- **Barnard:**
  - **McIntosh** – Lower level McIntosh – Mon-Fri 11:00am-4 pm; Sat-Sun Closed.
  - **Java City** – Second floor McIntosh Student Center – Mon-Thurs 8:00am-12am; Fri 8:00am-5pm; Sat closed; Sun 5:00pm-12am.

Banks

- **Carver Federal Savings Bank** 75 W. 125th Street (212) 876-4747
- **Chase Manhattan Bank** 55 W. 125th Street (212) 935-9935
- **Citibank** 1310 Amsterdam Avenue (212) 663-2390
  2861 Broadway (212) 663-5500
  (Citibank also has an ATM in the Commuter Lounge in the basement of Main Hall at Teachers College)
- **European American Bank** 201 W 125th St (212) 663-3282
- **Washington Mutual** 2438 Broadway (212) 873-3020
  2875 Broadway (212) 866-0293

-Courtesy of Teachers College, Columbia University Office of Housing and Residence Life
• **Post offices/mailing addresses**
  - A few days before after you move-in, don’t forget to forward your mail from your previous address. You may either complete a handwritten form, available at any post office or you may complete their on-line form at [www.usps.com](http://www.usps.com).
  - The mailing addresses for our buildings are:
    - Whittier: 1230 Amsterdam Ave., Room #, New York, NY 10027
    - Bancroft: 509 W. 121st St., Apt. #, New York, NY 10027
    - Grant: 514 W. 122nd St., Apt. #, New York, NY 10027
    - Sarasota: 512 W. 122nd St., Apt. #, New York, NY 10027
    - New Residence Hall: 517 W. 121st St., Room #, New York, NY 10027
    - Greystone: 212 W. 91st St., Room #, New York, NY 10024
  - **Local post offices:**
    - Morningside Station - 232 W 116th St, New York, NY 10026
      - Business hours: Weekdays 8:30am-5:30pm, Saturday 9-4
      - Last collection: Weekdays 6pm, Saturday 4pm
      - Phone: 212-864-3158
    - Columbia USPS Post Office - 534 W 112th St, New York, NY 10025
      - Business hours: Weekdays 9am-5pm, Saturday 9am-4pm
      - Last collection: Weekdays 5pm, Saturday 4pm
      - Phone: 212-864-7813
    - Manhattanville Station - 365 W 125th St, New York, NY 10027
      - Business hours: Weekdays 8am-6pm, Saturday 8am-4pm
      - Last collection: Weekdays 6pm, Saturday 4pm
      - Phone: 212-662-1540
  - There is also a TC post office located in the basement of Main Hall. This post office has a stamp machine located nearby. The post office itself does not sell the stamps though not does it stamp packages with postage. They can weigh your package, tell you how much postage to put on it, and you can purchase stamps from the machine. You can also drop off TC and off-campus mail at this location.

• **Picking up packages**
  - If you have a package delivered to your residence hall, a member of our staff will call your apartment to let you know that you have a package waiting for you at the desk/mailroom. If you are not at home, they will leave you a voicemail. You will receive information at check-in on how to set up your voicemail box. When you pick up your package, you will need to sign for it and will need to show ID. Package location pick-ups are:
    - Whittier Hall mailroom for Whittier and New Residence Hall residents
    - Bancroft front desk for Bancroft, Grant, and Sarasota residents
    - Greystone front desk for Greystone residents

• **Utilities/Telecommunications**
• Whittier single rooms and the New Residence Hall all all-inclusive. This means that you do not receive nor pay additional utility bills. Cable and internet are also included.

• Whittier efficiencies, studios, and apartments, Bancroft, Sarasota, and Grant include all utilities except electricity. An account will be set up by our office for you through Con Edison. You will receive monthly bills in your mailbox. We contact Con Edison for the connect and disconnect of your service hence you do not need to.

• For all residences except Greystone, if you experience difficulties with your phone, cable modem, or cable service, you may contact the telecommunications office at x3456. If you have difficulty with your Internet service, you may contact Road Runner at 718-888-3900.

• Greystone includes utilities. Cable, Internet, and local/long distance phone are not included. You may choose any local service provider for these services. Possible options include: Time Warner 212-567-3833 and Verizon 212-890-2350. There is a phone located in each room that is for internal use (within Greystone). If you have difficulties with any of these services, please contact the appropriate company.

• Laundry
  • Washing machines and dryers can be found in the basements of all residence halls except Greystone. These machines can either be operated by quarters or by adding money to your ID card via value card machines located either in the laundry room or the lobby. If your card isn’t recognized by the value card machine, you will need to have it programmed at the Office of Safety and Security located at 106 Whittier. Once money is added to your card it is non-refundable. If your TC ID card is lost or stolen, the funds on the card cannot be retrieved or refunded for any reason.
  • Beginning this fall, our laundry machines will be linked to a website that will enable you to check the status of our washers and dryers to see when they will be available and/or to see how much time is left for your laundry. This website address will be available to you at move-in.
  • Residents of Greystone have access to numerous local Laundromats. Local dry cleaners usually offer a laundry service as well that is priced by the pound.

• Air-conditioners
  • This section does not apply to residents of the New Residence Hall. Rooms in the New Residence Hall are operated via central air and all have individual controls in each room. Instructions for this system will be available at move-in.
  • Bancroft, Sarasota, Grant, Whittier, and Greystone do not include a/c however residents can have air conditioners installed in their windows. Residents are responsible for purchasing their own unit(s) or renting them. All-City Appliances rents a/c units at a discount to TC students. Their contact is Eve and her number is 212-643-0202.
- Air conditioner install process:
  - Bancroft, Sarasota, Grant, and Whittier Halls:
    - There is a $50 installation fee. Whittier residents are also subject to a $30/month electricity surcharge fee.
    1. Purchase or rent an a/c unit
    2. Register your a/c with the housing office
    3. A work order will be submitted once you register your a/c for its install by a member of our facilities staff
    4. Place the a/c unit under the window you’d like it to be installed in
    5. Wait time is typically 5-7 business days but can be longer during peak times such as move-in and the beginning of summer
  - Greystone:
    - Electricity usage is already factored in to your semester charges. Install fees will be determined by the hardware store you select.
      1. Purchase or rent an a/c unit
      2. Register your unit with the Greystone front desk
      3. Call a local hardware store to install your a/c

- Construction
  - Upon arrival, there will be some on-going construction projects occurring. We apologize for any inconveniences these projects may cause you. These projects are necessary in order to keep our buildings safe and in best working order possible. The following projects will be occurring at the time of move-in:
    - Whittier roof replacement – This project commenced with the demolition of the existing roof and will result with the replacement of a brand new roof. We do not expect any odors from this project since no chemicals or solvents will be used. Roof workers will not need to enter Whittier at any time. Due to occasional, minor dust we recommend closing and locking your windows during roof work hours which are Monday-Friday 8:30am-7pm. Expected completion date: Summer 2005. We are planning on replacing the Bancroft roof in the future, and residents will be notified once dates are finalized.
    - Whittier fire alarm system upgrade – Hardwired smoke detectors will be installed in each Whittier apartment which necessitates contractors to enter your unit. Entry would occur between 8:30am and 4pm. We will continue providing you with a detailed schedule of the days in which access will be required. Housing staff will coordinate and supervise the access into each room. We expect this project to be completed in the early Spring 2005. Wiring will be temporarily exposed until approximately Spring 2005.
    - It is our goal to keep you as informed as possible regarding construction, necessary facility work, and upgrades to the buildings.
We will mainly use e-mail to notify you of any building work. Please make sure that your e-mail address is up to date and that you check your account often.

- **Renters Insurance**
  - It is encouraged that all residents purchase Renter’s Insurance to cover the property they bring into their room/apartment. Renter’s Insurance will protect your property in the event of fire, water damage, etc. *The College is not responsible for property belongings to the resident that incur damage or loss in the event of fire, water, or any other circumstance.* For more information please contact National Student Services, Inc. at [www.nssinc.com](http://www.nssinc.com) or 1-800-256-6774.

- **Housing staff in your building**
  - Community Assistants (CA)
    - CA’s help foster an environment that is supportive and beneficial to all Teachers College residential students. CA’s organize social and educational activities, address student concerns, assist in the administration of residence halls and make themselves available for students’ personal and confidential matters. CA’s live in the residence halls and are on rotating duty on weekends (24 hours) and weekday evenings from 5:00pm to 9:00am. During the summer months of June, July, and August, Friday duty hours begin at 3:00pm. For your convenience, CA’s hold weekly office hours for one-on-one meetings with residents. Office hours are posted on bulletin boards located on each floor of the residence halls or in the student lounge at Greystone. You should always contact your CA for any concerns, questions, or suggestions. To contact a CA please call the following numbers:
      - Family housing: 347-236-6036
      - Greystone: 347-242-0376
      - Whittier: 347-408-7686
      - New Residence Hall: 646-773-2651
  - Complex Director (CD)
    - CD’s serve as the administrative liaisons between residents and the Office of Housing and Residence Life. In addition, they are an important part of the Office of Housing and Residence Life staff, helping to develop community between the CA’s and residents. If you need assistance that a CA is not able to provide, your CD will be glad to help.

- **Guest accommodations**
  - Beginning on September 7, 2004, our guest housing will be based out of the New Residence Hall. There will be 14 rooms available, including an ADA room. Guest housing accommodations are available to friends and family of students, faculty, and staff of TC. All rooms feature one full size bed (ADA room has a twin size bed), central a/c and heat, television with cable, data...
connections, micro-fridges, irons and ironing boards, hair dryers, basic toiletries, and linens. If you would like to inquire about availability please call our office at x3235. A credit card is necessary to reserve a room. There is a 48 business hour cancellation policy.

- **Comment boxes**
- Comment boxes will be located at the front desks of all buildings. For those buildings that do not have 24 hours desks, the comment box will be located in the lobby area. In Greystone you will find the comment box in the student lounge. Praise, recommendations, and general comments are appreciated. For immediate concerns, please call our office. Each month, 1 winner will be selected to receive one complimentary night of guest housing. Please see our office for complete rules.

### HELPFUL WEBSITES

- Your vote counts! Visit [https://electionimpact.votenet.com/declareyourself](https://electionimpact.votenet.com/declareyourself) to register to vote or update your address. There is also information about absentee ballots, polling place locations, and more. Research and vote 2004!
- Looking for furniture, a baby-sitter, a job, anything at all? Craigslist ([www.craigslist.com](http://www.craigslist.com)) has it all. As with any other on-line site, always be aware of the person posting the ad.
- Citysearch ([www.citysearch.com](http://www.citysearch.com)) has the 411 on everything to do in NYC and surrounding areas. You can organize your search by type of restaurant, price range, music, etc.

### WELCOME TO THE NEIGHBORHOOD

- At check-in, you’ll receive a coupon booklet with tons of valuable savings from local businesses that are only available to TC on-campus residents. This is a great chance to try out and support our local vendors and get a taste for the area.

### FREE ENTERTAINMENT

- There’s constantly free events going on in NYC parks and open spaces. Search the web for street fairs, concerts, movies in the park, and whatever your fancy may be. Tickets to talk shows, music video shows, and other live audience tv shows are usually available to the public as well. You usually must request these a few weeks or months in advance, depending on the show. Morning shows like the Today Show also have live audiences outside their studios.
FAMILY HOUSING

Will you be staying in family housing (Bancroft, Grant, or Sarasota)? Please visit the following website - [http://www.tc.edu/stlife/familyguide/](http://www.tc.edu/stlife/familyguide/). Please click on the “Kid Friendly New York” title to be directed to the table of contents. This site was put together by the Student Life Center and includes helpful information on getting you and your family situated at TC and in NYC. It features:

**Section 1:**
How Do I Find a Baby Sitter?

- Baby Sitter's Help List
- Directory of Agencies

**Section 2:**
What Are My Child Care Options?

- Questions to Consider
- Checklist
- Directory of Infant and Toddler Programs
- Additional Resources

**Section 3:**
What School District Does My Child Go To?

- Elementary Schools in District 3
- Middle Schools in District 3
- Map Elementary Schools in District 3

**Section 4:**
Where Do I Send My Child After School?

- After-school Programs

**Section 5:**
What Do I Do In Case Of…?

- Emergency Phone Numbers
- Hospitals in the Area
- Health-related Courses